



The Willows Day Nursery (March)

Week Commencing: 11/09/17

	Breakfast	Lunch	Pudding	Tea
Monday	A choice from a variety of Cereals each day	Vegetable Pasta Bake	Chocolate Mousse	Bagels with Cream Cheese
Tuesday	A choice from a variety of Cereals each day	Beef Casserole and New Potatoes with Vegetables	Fresh Fruit	'Make your own wraps'
Wednesday	A choice from a variety of Cereals each day	Macaroni Cheese with Cauliflower and Broccoli and Part baked Bread	Jam Tarts	Crumpets
Thursday	A choice from a variety of Cereals each day	Cowboy Pie	Fresh Fruit	Mixed Sandwiches
Friday	A choice from a variety of Cereals each day	Fisherman's Pie and Garden Peas	Mini Cookies	Warm Sausage Rolls and Vegetable Sticks

* **Please Note:** The menu may be subject to change

- Water is available throughout the day and milk is available at snack and tea
- Portion sizes are adapted to each child's individual needs
- Lunch is planned, over the course of a week, on the basis of one fish, two meat, a variety of bread, dairy and fresh fruit/vegetables.



The Willows Day Nursery (March)

Week Commencing: 18/09/17

	Breakfast	Lunch	Pudding	Tea
Monday	A choice from a variety of Cereals each day	Steak Pie with Roast Potatoes and Seasonal Vegetables	Fresh Fruit	Fresh Bread, Cold Meats, Cheese Cubes, Tomatoes and Cucumber
Tuesday	A choice from a variety of Cereals each day	Spaghetti Bolognese and Garlic Bread	Raspberry Ripple	Potato Waffles
Wednesday	A choice from a variety of Cereals each day	Cheese and Potato Pie with Spaghetti	Fresh Fruit	Fajitas
Thursday	A choice from a variety of Cereals each day	Sweet and Sour Chicken with Rice and Prawn Crackers	Yoghurts	Mixed Sandwiches
Friday	A choice from a variety of Cereals each day	Fish Cakes, Mash Potato and Peas and Sweetcorn	Fresh Fruit	Cheese on Toast

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The Willows Day Nursery (March)

Week Commencing: 25/09/17

	Breakfast	Lunch	Pudding	Tea
Monday	A choice from a variety of Cereals each day	Chili Con Carne and Rice	Fresh Fruit	Fresh Bread, Cocktails Sausages, Peppers, Tomatoes and Cucumber
Tuesday	A choice from a variety of Cereals each day	Spanish Chicken Casserole with New Potatoes	Fruity Flap Jack	Spaghetti on Toast
Wednesday	A choice from a variety of Cereals each day	Pasta Carbonara with Bacon, Leek and Mushroom and Part Baked Bread	Fresh Fruit	Chicken Dippers and Dips
Thursday	A choice from a variety of Cereals each day	Sausage Casserole with Roast Potatoes and Vegetables	Neapolitan Ice Cream	Crumpets
Friday	A choice from a variety of Cereals each day	Lasagne and Garlic Bread	Fresh Fruit	Tuna and Cucumber Sandwiches

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The Willows Day Nursery (March)

Week Commencing: 02/10/17

	Breakfast	Lunch	Pudding	Tea
Monday	A choice from a variety of Cereals each day	Garlic and Herb Chicken with New Potatoes and Salad	Raspberry Ripple	Beans on Toast
Tuesday	A choice from a variety of Cereals each day	Chorizo Salad and Fresh Bread	Fresh Fruit	Crackers with Cheese and Pickle
Wednesday	A choice from a variety of Cereals each day	Turkey Drummers, Sweet Potato Fries, Peas and Sweetcorn	Jam Tarts and Custard	Ham and Cheese Toasties
Thursday	A choice from a variety of Cereals each day	Lamb Bhuna with Rice and Poppadum's	Fresh Fruit	Potato Wedges and Dips
Friday	A choice from a variety of Cereals each day	Quiche, New Potatoes and Salad	Fruity Jelly	Tuna Pasta Salad

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The Willows Day Nursery (March)

Week Commencing: 09/10/17

	Breakfast	Lunch	Pudding	Tea
Monday	A choice from a variety of Cereals each day	Chicken Curry and Rice with Naan Bread	Fresh Fruit	Hot Dogs with Onions
Tuesday	A choice from a variety of Cereals each day	Shepherd's Pie with Green Beans	Fruit Flan and Cream	Toasted Muffins
Wednesday	A choice from a variety of Cereals each day	Spaghetti and Meatballs with Garlic Bread	Fresh Fruit	Potato Croquettes and Dips
Thursday	A choice from a variety of Cereals each day	Lamb Stew with New Potatoes and Carrots	Angel Delight	Paninis
Friday	A choice from a variety of Cereals each day	Cheesy Fish Grill	Fresh Fruit	Pizza and Salad

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